



Week One	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Sausage and Mash	Chicken and Sweetcorn Pie	Roast Gammon	BBQ Chicken Wrap	Fish and Chips
Vegetarian	Veggie Sausage and Mash	Cheesy Leek Pie	Cauliflower Cheese	BBQ Vegetables Wrap	Fishless Fingers and Chips
Garnish	Peas and Leeks, Gravy	New Potatoes, Broccoli	Roast Potatoes, Cabbage and Carrots, Gravy	Salad, Sauté New Potatoes	Baked Beans
Dessert	Jam Sponge with Custard	Chocolate Angel Delight	Apple Charlotte	Iced Chocolate Cake	Fruit Flapjack

17/04/2023 08/05/2023 05/06/2023 26/06/2023 17/07/2023

Plated sandwich meal on Best of Both available daily; choice of ham, tuna mayo or cheese served with garnish and dessert.

Jacket potato with cheese and beans available each day. Wholemeal bread available daily.

Choice of fruit or yoghurt available as an alternative to the dessert.



Week two	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chicken Korma	Creamy Bacon and Mushroom Penne Pasta	Roast Chicken	Chicken Thigh Kebab	Fish and Chips
Vegetarian	Vegetable Korma	Creamy Mushroom Penne Pasta	Cauliflower Cheese	Tofu kebab	Fishless Fingers and Chips
Garnish	Rice, Salad, and Chapatti	Salad and Garlic Bread	Roast Potatoes, Cabbage and Carrots, Gravy	Red Slaw, Tzatziki Sauce, Pickled Red Onion, and Rainbow Salad	Baked Beans
Dessert	Yoghurt	Jelly	Pineapple Upside Down Cake	Fresh Fruit	Lemon Drizzle Cake

24/04/2023 15/05/2023 12/06/2023 03/07/2023

Plated sandwich meal on Best of Both available daily; choice of ham, tuna mayo or cheese served with garnish and dessert.

Jacket potato with cheese and beans available each day. Wholemeal bread available daily.

Choice of fruit or yoghurt available as an alternative to the dessert.



Week Three	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Baked Fishcakes	Pasta Bolognese	Roast Pork	Margherita Pizza	Fish and Chips
Vegetarian	Vegetable Patties	Med Veg Pasta Bake	Cheddar, Broccoli and Tomato Quiche	Margherita Pizza	Fishless Fingers and Chips
Garnish	New Potatoes, Broccoli Tomato Sauce	Mixed Salad, Garlic Bread	Roast Potatoes, Cabbage and Carrots, Gravy	Mixed Leaves, Baked New Potatoes	Baked Beans
Dessert	Yoghurt	Fresh Fruit	Angel Delight	Raspberry and Custard Tray Bake	Iced Fingers

01/05/2023 22/05/2023 19/06/2023 10/07/2023

Plated sandwich meal on Best of Both available daily; choice of ham, tuna mayo or cheese served with garnish and dessert.

Jacket potato with cheese and beans available each day. Wholemeal bread available daily.

Choice of fruit or yoghurt available as an alternative to the dessert.

[illegible]

Baked Fishcakes, New Potatoes, Broccoli, Tomato Sauce		X			X		X							
Vegetable Patties, New Potatoes, Broccoli, Tomato Sauce		X												
Pasta Bolognese, Mixed Salad, Garlic Bread		X					X							
Med Veg Pasta Bake, Mixed Salad, Garlic Bread		X					X							
Roast Pork, Roast Potatoes, Cabbage and Carrots, Gravy														
Cheddar, Broccoli and Tomato Quiche, Roast Potatoes, Cabbage and Carrots, Gravy		X		X			X							
Angel Delight							X							
Margherita Pizza, Mixed Leaves, Baked New Potatoes		X					X							
Raspberry and Custard Tray Bake		X					X							
Iced Fingers		X										X		

The 14 recognised allergens are: **celery**, **cereals containing gluten** (such as barley and oats), **crustaceans** (such as prawns, crabs and lobsters), **eggs**, **fish**, **lupin**, **milk**, **molluscs** (such as mussels and oysters), **mustard**, **peanuts**, **sesame**, **soybeans**, **sulphur dioxide and sulphites** (if they are at a concentration of more than ten parts per million) and **tree nuts** (such as almonds, hazelnuts, walnuts, Brazil nuts, cashews, pecans, pistachios and macadamia nuts). "M/C" = May contain.

Dartmoor Multi Academy Trust

...everyone in our Trust.

