

# AUTUMN/WINTER MENU

*Week one*

*Pick a*  
**MAIN**

*Pick a*  
**MEAT-FREE  
MAIN**

*Pick a*  
**JACKET  
POTATO**

*Pick a*  
**SANDWICH**

*Pick a*  
**DESSERT**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN</b>	Bacon Carbonara with Focaccia and Salad	Beef Chilli with Rice, Peas and Sweetcorn	Roast Chicken with Potatoes, Carrots, Cabbage and Gravy	Dartmoor Beef Stew and Crusty Roll	Breaded Fish or Salmon Fingers with Chips and Beans
<b>MEAT-FREE MAIN</b>	Vegetarian Hot Pot with Sweetcorn and Crusty Roll	Tomato and Cheese Pasta Bake with Focaccia and Salad	Vegetarian Toad in the Hole with Roast Potatoes, Gravy, Carrots and Cabbage	Vegetable Pitta with Wedges and Salad	Cajun Butternut and Bean Burger with Chips and Beans
<b>JACKET POTATO</b>	Cheese, Beans or Tuna Mayo	Cheese, Beans or Tuna Mayo	Cheese, Beans or Tuna Mayo	Cheese, Beans or Tuna Mayo	Cheese, Beans or Tuna Mayo
<b>SANDWICH</b>	Cheese, Ham or Tuna Mayo	Cheese, Ham or Tuna Mayo	Cheese, Ham or Tuna Mayo	Cheese, Ham or Tuna Mayo	Cheese, Ham or Tuna Mayo
<b>DESSERT</b>	Apple and Raspberry Cake	Chocolate Cookie	Iced Sponge	Apple Crumble and Custard	Fruity Flapjack



We are pleased to offer a variety of allergen free options on our food menu. Although all food is prepared in a kitchen that handles most allergens and therefore we cannot guarantee that cross contamination will never occur, we do take every possible precaution to prevent this from happening.

**FRESH FRUIT  
& YOGHURT  
SERVED DAILY**



# AUTUMN/WINTER MENU

*Week two*

*Pick a*  
**MAIN**

**MONDAY**  
BBQ Chicken Wrap  
with Wedges and  
Sweetcorn

**TUESDAY**

Chicken Katsu Curry  
with Naan Bread,  
Rice and Sweetcorn

**WEDNESDAY**

Roast Gammon with  
Roast Potatoes,  
Gravy, Carrots and  
Cabbage

**THURSDAY**

Macaroni Cheese  
with Bacon, Focaccia  
and Peas

**FRIDAY**

Fishcake with Chips  
and Beans

*Pick a*  
**MEAT-FREE  
MAIN**

Margherita Pizza  
with Wedges and  
Sweetcorn

Vegan Bolognese  
with Penne Pasta  
and Carrots

Butternut and Sweet  
Potato Bake with  
Roast Potatoes,  
Gravy, Carrots and  
Cabbage

Vegetable Chilli with  
Rice and Peas

Vegetable Nuggets  
with Chips and Salad  
Sticks

*Pick a*  
**JACKET  
POTATO**

Cheese, Beans or  
Tuna Mayo

Cheese, Beans or  
Tuna Mayo

Cheese, Beans or  
Tuna Mayo

Cheese, Beans or  
Tuna Mayo

Cheese, Beans or  
Tuna Mayo

*Pick a*  
**SANDWICH**

Cheese, Ham or  
Tuna Mayo

Cheese, Ham or  
Tuna Mayo

Cheese, Ham or  
Tuna Mayo

Cheese, Ham or  
Tuna Mayo

Cheese, Ham or  
Tuna Mayo

*Pick a*  
**DESSERT**

Fruit Platter

Shortbread

Raspberry Muffin

Pineapple Cake

Lemon Cookie

# AUTUMN/WINTER MENU

*Week three*

*Pick a*  
**MAIN**

*Pick a*  
**MEAT-FREE MAIN**

*Pick a*  
**JACKET POTATO**

*Pick a*  
**SANDWICH**

*Pick a*  
**DESSERT**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN</b>	Beef Pie with Mash, Carrots and Cabbage	Chipolata Sausages with Mash, Carrots, Sweetcorn and Gravy	Roast Pork with Roast Potatoes, Gravy, Carrots and Cabbage	Beef Bolognaise with Pasta, Garlic Focaccia and Salad	Chicken Bites with Chips and Beans
<b>MEAT-FREE MAIN</b>	Macaroni Cheese with Focaccia, Carrots and Cabbage	Cauliflower and Butternut Curry with Plain Rice and Naan Bread	Vegetable Cottage Pie with Mash Potato, Seasonal Vegetables and Gravy	Vegetarian Brunch Quorn Sausage, Grilled Tomato, Hash Brown and Baked Beans	Sweet Potato and Chickpea Cake with Chips and Beans
<b>JACKET POTATO</b>	Cheese, Beans or Tuna Mayo	Cheese, Beans or Tuna Mayo	Cheese, Beans or Tuna Mayo	Cheese, Beans or Tuna Mayo	Cheese, Beans or Tuna Mayo
<b>SANDWICH</b>	Cheese, Ham or Tuna Mayo	Cheese, Ham or Tuna Mayo	Cheese, Ham or Tuna Mayo	Cheese, Ham or Tuna Mayo	Cheese, Ham or Tuna Mayo
<b>DESSERT</b>	Banana Marble Cake	Jelly and Fruit	Orange Drizzle Cake	Oaty Cookie	Carrot and Courgette Chocolate Brownie



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